

Pediatric Food Serum Dosage Instructions & Journal (12-36 months)

A Starter Phase		
Dropper A	# of drops	mo/day/yr
Day 1	2 drops	/ /
Day 2	3 drops	/ /
Day 3	3 drops	/ /
Day 4	4 drops	/ /
Day 5	4 drops	/ /
Day 6	5 drops	/ /
Day 7	6 drops	/ /
Day 8	7 drops	/ /
Day 9	8 drops	/ /
Day 10	9 drops	/ /
→ Proceed to Dropper Bottle B		

B Starter Phase		
Dropper B	# of drops	mo/day/yr
Day 11	2 drops	/ /
Day 12	3 drops	/ /
Day 13	3 drops	/ /
Day 14	4 drops	/ /
Day 15	4 drops	/ /
Day 16	5 drops	/ /
Day 17	6 drops	/ /
Day 18	7 drops	/ /
Day 19	8 drops	/ /
Day 20	9 drops	/ /
→ Proceed to Dropper Bottle C		

Starter-Kit Information

- Allergy drops do not require refrigeration, **but do not exceed room temperature!**
- Only administer the number of drops required for the day you are on. Be sure you are only in one bottle at a time. Follow color coding of chart to bottle label.
- To ensure correct quantity, try looking in a mirror to watch and count drops. Another way is to count drops onto a spoon, then pour under tongue.
- Consistency is the key to building a successful allergy tolerance!
- After day 70, contact your physician to order your maintenance dropper (for use after the starter kit).
- Single drops range .03-.07ml depending on dropper design, bottle lot and squeeze pressure.

C Starter Phase		
Dropper C	# of drops	mo/day/yr
Day 21	2 drops	/ /
Day 22	3 drops	/ /
Day 23	3 drops	/ /
Day 24	4 drops	/ /
Day 25	4 drops	/ /
Day 26	5 drops	/ /
Day 27	6 drops	/ /
Day 28	7 drops	/ /
Day 29	8 drops	/ /
Day 30	9 drops	/ /
→ Proceed to Dropper Bottle D		

D Building Phase		
Dropper D	# of drops	mo/day/yr
Day 31	2 drops	/ /
Day 32	3 drops	/ /
Day 33	3 drops	/ /
Day 34	4 drops	/ /
Day 35	4 drops	/ /
Day 36	5 drops	/ /
Day 37	6 drops	/ /
Day 38	7 drops	/ /
Day 39	8 drops	/ /
Day 40	9 drops	/ /
→ Proceed to Dropper Bottle E		

E Building Phase		
Dropper E	# of drops	mo/day/yr
Day 41	2 drops	/ /
Day 42	3 drops	/ /
Day 43	3 drops	/ /
Day 44	4 drops	/ /
Day 45	4 drops	/ /
Day 46	5 drops	/ /
Day 47	6 drops	/ /
Day 48	7 drops	/ /
Day 49	8 drops	/ /
Day 50	9 drops	/ /
→ Proceed to Dropper Bottle F		

F Building Phase		
Dropper F	# of drops	mo/day/yr
Day 51	2 drops	/ /
Day 52	3 drops	/ /
Day 53	3 drops	/ /
Day 54	4 drops	/ /
Day 55	4 drops	/ /
Day 56	5 drops	/ /
Day 57	6 drops	/ /
Day 58	7 drops	/ /
Day 59	8 drops	/ /
Day 60	9 drops	/ /
→ Proceed to Dropper Bottle G		

G Maintenance Phase		
Dropper G	# of drops	mo/day/yr
Day 61	2 drops	/ /
Day 62	3 drops	/ /
Day 63	3 drops	/ /
Day 64	4 drops	/ /
Day 65	4 drops	/ /
Day 66	4 drops	/ /
Day 67	4 drops	/ /
Day 68	4 drops	/ /
Day 69	4 drops	/ /
Day 70	4 drops	/ /
→ Continue on Dropper Bottle G		

G Food Maintenance Phase		
Dropper G	# of drops	mo/day/yr
Day 71	4 drops	/ /
Day 72	4 drops	/ /
Day 73	4 drops	/ /
Day 74	4 drops	/ /
Day 75	4 drops	/ /
Day 76	4 drops	/ /
Day 77	4 drops	/ /
Day 78	4 drops	/ /
Day 79	4 drops	/ /
Day 80	4 drops	/ /
→ Continue on Dropper Bottle G		

Dropper G		
# of drops	mo/day/yr	
Day 81	4 drops	/ /
Day 82	4 drops	/ /
Day 83	4 drops	/ /
Day 84	4 drops	/ /
Day 85	4 drops	/ /
Day 86	4 drops	/ /
Day 87	4 drops	/ /
Day 88	4 drops	/ /
Day 89	4 drops	/ /
Day 90	4 drops	/ /
Continue 3 Drops Until Finished — Proceed to Maintenance Dropper		

Congratulations!

You have finished your starter kit and are ready for the next step of your therapy — the maintenance phase. If you do not already have your maintenance serum bottle, contact your provider and schedule a follow up appointment so you can maintain your immunotherapy.